

Advanced Learning Skills and Career Preparation

There is a tremendous difference between high school and college when it comes to academics. Style, format, professor expectation, work load, etc., all require a vastly elevated understanding of learning and organization. Also, in a very real sense, the quality of one's educational experience has a connection to one's future work.

- Be free of stress
- Never pull an all-nighter
- Synthesize core truths and unifying themes
- Develop the mind
- Crack the college code
- Create a unique course of study
- Anticipate future greatness
- Advanced concept development
- Build an exciting career
- Prepare for excellence
- Become self-taught
- Get ahead of the learning curve
- Write great term papers
- The brain and the outer reaches of learning
- Keys to success
- Lectures, note taking and active listening
- Test taking
- School work and creativity
- Increase intelligence
- Time management
- Nutrition and learning
- Master the learning process
- Essential habits of high achievers
- And more . . .

"A fine genius in his own country is like gold in the mine."
— Ben Franklin

"Everything you always wanted to know about college and life *

****But were afraid to ask"***

- Campus Life
- Personal development and creativity
- Advanced study skills and career preparation
- Health and performance
- Leadership

Engaging guest presenters in related areas

Presented by
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"Happiness is the meaning and the purpose, the whole aim of human existence."
— Aristotle

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Introduction

Enlightened young people all over the country have a genuine thirst for the knowledge and inspiration that will unite their lives with the "wisdom of the ages." For what is the time of youth, if not the time to discover beauty and truth and those things which ignite true passion.

"Everything you always wanted to know about college and life" reveals the university spirit by exploring the principles of creativity, fulfillment and human happiness. Great thinkers throughout history have been studied on college campuses since the inception of college itself, but rarely has there been any meaningful integration of the ideas of those thinkers among college students in everyday life.

The purpose of this seminar is to motivate young people to build the foundation for true greatness in their lives and, in the process, burn through college clean, inspired and ascending. In order to do so, they must gain a unique perspective that elevates them above the dissipation that is so commonly accepted around them.

Campus Life

Living well at college is very challenging with many hidden dynamics.

Being truly successful at school is dependent upon understanding these dynamics and being ready to live strongly from day one on campus.

- Stay on the cutting edge
- Adjust to college life
- Homesickness
- Roommates and dorm living
- Drugs and alcohol on campus
- Deal with stress
- Sororities and fraternities
- Date rape
- Cyber crime
- Nightlife and college towns
- Theft and violence
- Spring break
- College and cultural life
- Clubs and organizations
- Meet the best people
- Overcome new forms of peer pressure
- Money and spending
- Creative use of free time
- Freshman status
- And more . . .

"A university should be a place of light, of liberty and of learning."

— Benjamin Disraeli

Personal Development and Creativity

The college period represents the critical time for a person to either establish his creative freedom through personal excellence or be drawn back into the mundane.

- Increase your faith
- Live the dream
- Develop vision
- Intensify focus
- Illuminate the mind
- Develop new key lifelong relationships
- Maintain childhood friendships
- Break through invisible barriers
- Utilize the keys to spiritual health
- Be your own person
- Overcome all addictions
- Discover hidden talent
- Sex, dating and marriage
- Become a Renaissance person
- Make all things new again
- And more . . .

"The creation of a thousand forests is in one acorn."

— Ralph Waldo Emerson

Health and Performance

Outstanding health is essential for all great and creative pursuits.

Because of the exciting potential of young people, they require the very best instruction and motivation on the subject.

- How to never be sick during college
- Maintaining good looks
- Natural living and its rewards
- Mental effects of food
- The creation of energy
- Establish the ideal weight
- The roles of sleep, sunshine and fresh air
- Exercise and fitness
- How to stay medication free
- Eating disorders
- Avoid common diseases in the future
- Premium nutrition
- Environmental factors relating to health
- Understand the green movement
- And more . . .

"The habits of the people are subversive of health in almost every important respect."

— Herbert M. Shelton

Leadership

College provides many opportunities for young people to exercise leadership skills and develop the kind of character that will be empowering in both their personal and professional lives.

- Become a great person
- Lead through example
- Increase courage
- Break dysfunctional traps
- Learn to win
- Gain wisdom beyond your years
- Develop integrity
- Improve communication skills
- Make a real difference in the lives around you
- Build an outstanding reputation
- And more . . .

"Keep up your bright swords for the dew will rust them."

— William Shakespeare